

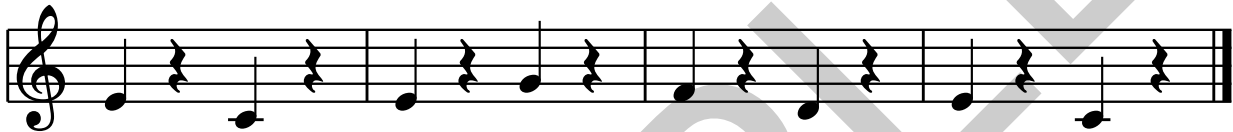
Rests

A *rest* is an absence of musical sound. To count a rest, silently count its value without playing a note.



The **quarter rest** gets one silent count.

Whisper the word “rest” when counting the **quarter rest** in a measure. Practice counting the quarter rests in the example below:



The **half rest** gets two silent counts.

Whisper “rest, two” when counting the **half rest** in a measure. The half rest looks like a top hat sitting on the 3rd line of the staff. Practice counting half rests in the example below:



The **whole rest** gets four silent counts.



Whisper “rest, two, three, four” when counting the **whole rest** in a measure. The whole rest hangs from the 4th line of the staff. Practice counting the whole rests in the example below:

