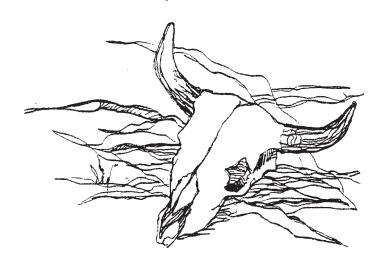
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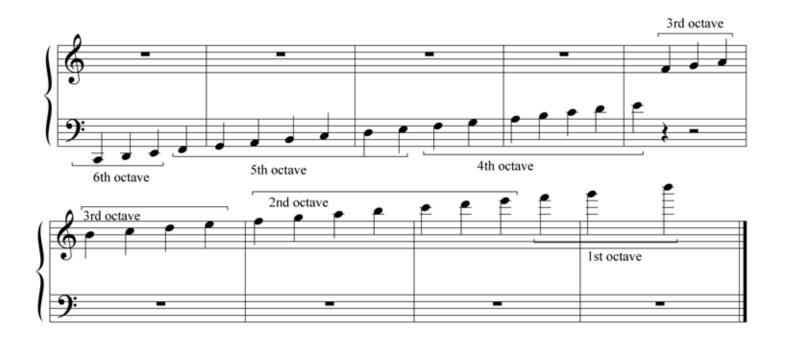
### **GLOSSARY**

- $G_{\sharp}3$  Lever changes written between the staves, numbered according to octaves, starting from E at the highest string on a pedal harp (example: Middle C is  $4^{th}$  octave with two strings above it as first note in  $4^{th}$  octave).
- G# Pedal changes are written below the staves.
- Harmonics are played where written. If a harmonic is not possible or desired, a good substitute is playing with the nail, an octave higher than written.
- 8va Play an octave above written notes.
- LH Play with the left hand.
- RH Play with the right hand.



Glissando between the written notes, observing their time value.

( ) Indicates the note is optional. It may be impractical for lever harp.



#### INTRODUCTION

As a native of Texas and frequent visitor to New Mexico and Arizona, I feel very drawn to musical descriptions of this area of the country. Although the settlers had a European origin, the Mexicans and Native American Indians also contributed a great deal to our cultural heritage. I have included short historical notes and regional recipes inspired by these cultures to enhance your enjoyment of the music. The recipes were taken from local church and club cookbooks.

The music ranges from serious to lighthearted, and is not difficult on a pedal harp. Using a lever harp, you may find passages with more lever-flipping than is comfortable. Feel free to eliminate as many notes as it takes to get the tune across. I hope you enjoy playing them, and share a little bit of my flavor of the great American Southwest!

Your friend in the harp,

Louise

## SILVER AND TURQUOISE

American Indian jewelry is one of the most popular souvenir items of New Mexico and Arizona, along with rug weaving and pottery. Silver is made into necklaces, bracelets, rings, and belts, set with varieties of turquoise. It is a mineral prized for its blue-green color, flecked with amber. Turquoise is nearly opaque, with a waxy luster, and has been used for jewelry since ancient times. The following piece suggests an Indian mood, with a "yodel" effect introduction, imitating the Native American flute. True Indian music almost always is performed as part of an activity, such as a religious ceremony. Rattles and drums are used to accompany the singer or flutist in simple rhythms.

#### **GREEN CHILE CASSEROLE**

12 corn tortillas (torn into bite sizes)

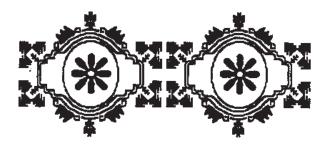
½ pound cheddar cheese, grated (or ¼ pound extra sharp)

1 medium onion, chopped

1 can cream of chicken soup

2 cups mild or hot green chiles, chopped

Place half the tortillas in greased casserole dish. Mix onion, chicken soup, and green chiles together. Pour some of this mixture over tortillas and cover with grated cheese. Repeat with second layer of tortillas and sauce. Bake at 350° for 30 minutes.



# **Silver And Turquoise**

Slowly and Freely.

Treble melody is a 'flute' over a drone bass

(suggesting a distant drum).

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